



MED4ALL

MDA
INSURANCE AGENTS

by  HEALTH SYSTEM
PARONCLUB
www.paronclub.gr



The **Med4All** Health System is a tool that changes the way we take care of our health. It offers medical benefits and privileges for everyone. A reliable, direct, quality and economical tool, useful in everyday life for everyone: young, old, insured, uninsured, healthy, with health problems.

(We are not interested in medical history!)

A means of direct communication with a 24/7 medical coordination center where you call to schedule:

1. Appointments with doctors.
2. Diagnostic tests
3. When you have an emergency.
4. When you want to talk to a doctor and get a first opinion about what is happening to you.
5. When you are alone and late at night you feel a symptom that worries you. You call the 24/7 Medical Coordination Center and a specialist advises you.

MDA Central: **211 82 48 98** (Option 5 in the recorded message)

National 24-hour Coordination Center



215 55 53 414





ΠΛΑΤΩΝ ΔΙΑΓΝΩΣΙΣ



ΙΑΤΡΙΚΗ ΜΕΡΙΜΝΑ Α.Ε.

MEDICAL VISITS

EMERGENCIES – WALK-IN VISITS – 24 HOURS

METROPOLITAN GENERAL	264 Mesogeion Ave., Cholargos	24 hours a day: Pathologist, Cardiologist, Surgeon, Orthopedist From 9:00 to 21:00 ENT, Neurologist, Pulmonologist
MEDITERRANEO HOSPITAL	8-12 Elias, Glyfada	Pathologist, Cardiologist, Surgeon, Orthopedist
GENERAL CLINICAL ANASSA	13 Vernardaki Street, Volos	Pathologist, Surgeon

EMERGENCIES – APPOINTMENT FEE 10€ – 24 HOURS A

METROPOLITAN HOSPITAL	9, Ethnarchou Makariou , Piraeus	24 hours a day: Pathologist, Cardiologist, Surgeon, Orthopedic From 9:00 to 21:00 ENT, Neurologist, Pulmonologist From 9:00 to 23:00 Pediatrician, Pediatric Surgeon, Pediatric Orthopedic
DOCTORS GENERAL CLINIC	26 Kefallinias Street, Kypseli	General Practitioner

SCHEDULED APPOINTMENTS – WALK-IN VISITS

DOCTORS GENERAL CLINIC (Kypseli)	Pathologist , Urologist, Orthopedist, Cardiologist, General Surgeon, Bariatric Surgeon, Breast Surgeon, ENT, Plastic Surgeon, Pulmonologist, Gynecologist, Nephrologist, Gastroenterologist Thoracic Surgeon, Neurosurgeon
THERAPIS GENERAL HOSPITAL (Pagrati)	Pathologist , Cardiologist, Surgeon, Orthopedist, Urologist
LUMEDICA CLINIC (Peristeri)	Orthopedic Free prescription of tests, if they are performed in clinic.
General clinic THERAPEUTIRIO ATHENS (Athens, I. Drosopoulou)	Pathologist , Cardiologist, Surgeon
General clinic VOUGIOUKLAKIO (Aigaleo)	Pathologist , Cardiologist, Surgeon, Orthopedist, Gastroenterologist, Pulmonologist, Gynecologist, Urologist, Nephrologist

SCHEDULED APPOINTMENTS - APPOINTMENTS COST €10 to €50

METROPOLITAN HOSPITAL (Piraeus)	<u>With a participation of 10€: All specialties (except those mentioned below)</u> <u>With a participation of 25€: Dermatologist</u> <u>With a participation of 30€: Allergist, Rheumatologist, Hepatologist, Ophthalmologist: 40% discount</u> <u>Dental department: 10% discount</u> <u>Appointments to Medical Directors with a participation of 40€</u>
METROPOLITAN GENERAL (Cholargos)	<u>With a participation of 20€: All specialties (except those mentioned below)</u> <u>With a participation of 30€: Allergist, Rheumatologist, Hepatologist, Nephrologist, Endocrinologist, Dermatologist, Ophthalmologist</u> <u>Appointments to Medical Directors with a participation of 40€</u>
MEDITERRANEO HOSPITAL (Glydafa)	<u>With participation 25€: Vascular surgeon, Orthopedic, Surgeon</u> <u>With participation 30€: Urologist, Neurologist, Thoracic surgeon, Hematologist, Allergist, Oncologist, Pulmonologist, Neurosurgeon, Nephrologist</u> <u>With participation 35€: Endocrinologist</u>
Nursing Institution DOCTORS' HOSPITAL (Kypseli)	<u>With a participation fee of 10€: Endocrinologist, Diabetologist, Rheumatologist, Neurologist, Angiologist, Vascular Surgeon</u>
General clinic THERAPEUTIRIO ATHENS (Athens, I. Drosopoulou)	<u>With a participation of 10€: Gastroenterologist</u> <u>With a participation of 20€: Urologist, Oncologist, Endocrinologist, Neurologist, Rheumatologist, Orthopedic, Pulmonologist, Nephrologist, Gynecologist, Vascular surgeon</u> <u>With a participation of 30€: Dermatologist</u> <u>Re-evaluation within 10 days FREE in all specialties</u>
LUMEDICA CLINIC General Clinic Peristeri (Peristeri)	<u>With a participation fee of 10€: Internist, Cardiologist, General Surgeon, Urologist, Gynecologist, Gastroenterologist, Nephrologist</u> <u>With a participation fee of 15€: Dermatologist, Rheumatologist</u> <u>Free prescription of diagnostic tests, provided that the tests are performed at the clinic</u>
CITY MED (Affidea) (Nationwide)	<u>With a participation fee of 10€: Dermatologist</u>
POLYCLINIC CITY DOCTORS (Dafni)	<u>With a participation of 20€: Pathologist, Cardiologist, Surgeon,</u> <u>With a participation of 25€: Endocrinologist</u> <u>With a participation of 50€: Clinical Nutritionist (1st Visit)</u> <u>Prescription is included in the visits.</u>

MEDITERRANEO FIRST CARE - POLYCLINIC (Glyfada)	<u>With a participation of 10€: Cardiologist, Internist, Gynecologist</u> <u>With a participation of 15€: Gastroenterologist, Dermatologist, I</u> <u>Prescription: + 10€</u>
POLYCLINIC HEALTH SPOT (Kifisia – Peristeri – Glyfada)	<u>With a participation fee of 20€:</u> <u>Kifissia Branch: Cardiologist, Internist,</u> <u>Pulmonologist, Dermatologist, Oncologist, Breast Surgeon</u> <u>General Surgeon, Endocrinologist, Ophthalmologist,</u> <u>Orthopedic, Diabetologist, Gastroenterologist</u> <u>Peristeri Branch: Cardiologist, Internist,</u> <u>Breast Surgeon, Diabetologist</u> <u>Glyfada Branch: Cardiologist, Internist,</u> <u>Orthopedic, Dermatologist, Breast Surgeon,</u> <u>General Surgeon, Endocrinologist, Diabetologist, ENT</u>
POLYCLINIC – DIAGNOSTIC CENTER PRAXIS YGEIAS (Chalandri)	<u>With participation 12€: Internist, Cardiologist, Orthopedist, ENT</u> <u>Ophthalmologist, Pulmonologist, Dermatologist, Urologist,</u> <u>Gynecologist</u> <u>With participation 24€: Rheumatologist, Allergist, Nephrologist,</u> <u>Psychiatrist, Andrologist, Diabetologist, Neurosurgeon</u>
MEDICAL CARE (Petrroupoli)	<u>With a participation of 15€: Internist</u> <u>With a participation of 20€: Angiologist, Gastroenterologist, Uro</u> <u>Orthopedician, Cardiologist (ECG included) Surgeon,</u> <u>Gynecologist, Pulmonologist</u> <u>Prescription included in appointments</u>
MEDI HALL (K. Kifisia)	<u>With a participation fee of 15€:</u> <u>General Practitioner, Urologist, Endocrinologist</u> <u>Cardiologist: 50€ (includes triplex heart)</u>
AIMODIAGNOSI (Nea Kifisia)	<u>With participation 30€ - 40€: General Practitioner, Internist,</u> <u>Pediatrician, Gynecologist, Surgeon, Endocrinologist,</u> <u>Orthopedician, Ophthalmologist, Pulmonologist, Urologist,</u> <u>Cardiologist, Psychiatrist, Neurologist, Plastic Surgeon</u>
POLYCLINIC MEDICA (Agios Stefanos)	<u>With a participation fee of 20€: Ophthalmologist, Cardiologist,</u> <u>Pathologist, Pulmonologist, Dermatologist, Psychiatrist,</u> <u>Psychologist, Gastroenterologist, General surgeon,</u> <u>Endocrinologist, Neurologist, Pediatrician, Pediatric surgeon,</u> <u>Dietitian, Nutritionist, Plastic surgeon, Aesthetician</u>

ΠΛΑΤΩΝ DIAGNOSIS (Athens – Thes/niki)	<u>With a participation fee of 20€: Internist, Cardiologist, Orthopedis</u> <u>Dermatologist, General Surgeon, Oncologist, Ophthalmologist</u> <u>Athens Branches: Kolonaki, Glyfada, Vouliagmeni</u> <u>Thessaloniki Branches: Sofouli, Kalamaria, Pylaia,</u> <u>Svolou, National Defense</u>
General Clinic ANASSA (Volos)	<u>With a participation fee of 20€: Pathologist, Cardiologist,</u> <u>Pulmonologist, Surgeon, Urologist</u>
MEDICAL CARE IN IOANNINA (Ioannina)	<u>With a participation fee of 15€: Pathologist, Cardiologist</u> <u>Prescription: 5€ single – 10€ quarterly</u>
POLYCLINIC MY DOCTOR (Larisa)	<u>With a participation fee of 20€: Pathologist, Cardiologist</u> <u>General Surgeon, Orthopedic, ENT, Pediatrician, Ophthalmolog</u> <u>Nutritionist</u> <u>Prescription: + 5€</u>
POLYCLINIC B' DIAGNOSI (Patra)	<u>With a participation fee of 30€: Cardiologist, Pulmonologist</u> <u>Prescription included in appointments</u>
B' AKTINODIAGNOSI (Aigio)	<u>With a participation fee of 30€: Cardiologist (ECG – stress test –</u> <u>Prescription included.)</u>

DIAGNOSTIC EXAMINATIONS

NETWORK OF DIAGNOSTIC CENTERS

AFFIDEA (Nationwide except Attica)	Official Government Gazette (FEK) prices for uninsured patients
Polyclinic CITY DOCTORS (Dafni Metro Station)	FEK prices -40% for uninsured For insured persons , with an EOPYY prescription that has been made within the polyclinic: 100% discount on participation. For insured persons with an EOPYY prescription from external Doctors: 50% discount on participation.
Nursing Institution THERAPIS GENERAL HOSPITAL (Hilton)	Hematology tests – Body ultrasound – Triplex of heart – Vascular with EOPYY referral: 100% discount on participation Hematology tests without referral: Official Gazette -20% Body ultrasound – triplex of heart – vascular without EOPYY referral: Official Gazette -30%
GENERAL CLINIC VOUGIOUKLAKIO (Aigaleo)	With EOPYY referral: 100% discount on the participation of the Insured Without referral: FEK prices
General clinic THERAPEUTIRIO ATHENS (Athens, I. Drosopoulou))	Without referral: Microbiological – biochemical tests: FEK -20% With EOPYY referral: Ultrasounds – triplex - microbiological – biochemical tests: 100% discount on participation
MEDITERRANEO HOSPITAL (Glyfada)	40% - 70% discount on diagnostic tests from the private price list
MEDITERRANEO FIRST CARE (POLYCLINIC) (Glyfada)	40% - 85% discount on diagnostic - laboratory tests from the private price list
POLYCLINIC HEALTH SPOT (Excluding the Piraeus branch)	With EOPYY referral: 100% discount on the insured's participation Without EOPYY referral: special discount price list

LUMEDICA CLINIC General Clinic Peristeri (Peristeri)	Hematology tests with EOPYY referral: 100% discount on the insured's participation Imaging tests with EOPYY referral: 50% discount on the insured's participation Diagnostic tests without EOPYY referral: Special price list
IATRIKI MERIMNA (Petrupoli)	With EOPYY referral: 50% discount on the participation of the Insured Without referral: FEK prices -20%
A-PROLIPSIS DIAGNOSTIC CENTER (Alimos)	With EOPYY referral: 20% discount on the participation of the Insured in hematological tests Without referral: FEK prices -30% on hematological tests – body ultrasound – triplex heart
POLYCLINIC – DIAGNOSTIC CENTER PRAXIS YGEIAS (Chalandri)	With EOPYY referral: 20% discount on the participation of the Insured Without referral: FEK prices -20%
METROPOLITAN HOSPITAL (Piraeus)	Up to 50% discount on the private price list for diagnostic and laboratory tests. Magnetic resonance imaging, CT scans and Triplex heart at official government prices Special Magnetic resonance imaging and CT scans: 20% discount on the private price list
ALFA PROLISPIS Diagnostic center (Glyfada – Athens – Gkizi – Dafni)	With EOPYY referral: 50% discount on the participation of the Insured Without referral: FEK prices -30%
NEA DIAGNOSI (Athens, Aigaleo, Pallin Agios Dimitrios)	FEK prices for uninsured patients
LUMEDICA DIAGNOSTIC LABORATORY (Aigaleo)	<u>With EOPYY referral: 100% discount on the participation of the Insured</u> <u>Without referral:</u> <u>Blood tests: Private price list -20%</u> <u>Ultrasounds: Private price list -40%</u> <u>Other tests with special price list.</u>
PRIVATE LABORATORY FARMAKI LAF (Neo Psychiko)	With EOPYY referral: 50% discount on the participation of the Insured Without referral: FEK prices -20%

MEDI HALL (K. Kifisia)	FEK prices -20%
OLYMPIC DIAGNOSTICS PIRAEUS IAE (Agia Sofia –Piraeus)	With referral: EOPYY participation Without referral: FEK prices
AIMODIAGNOSI (N. Kifisia)	FEK prices
ΠΛΑΤΩΝ ΔΙΑΓΝΩΣΙΣ (Athens – Thes/niki)	With EOPYY referral: 100% discount on the insured's participation Without EOPYY referral: special discount price list Athens branches: Kolonaki, Glyfada, Vouliagmeni Thessaloniki branches: Sofouli, Kalamaria, Pylaia, Svolou, National Defense
MEDICAL CARE IN IOANNINA (Ioannina)	Triplex heart: €50 Stress test: €40 Rhythm Holter: €40
PRIVATE POLYCLINIC ISTHMOS (Korinthos)	30% discount on the private price list

DIAGNOSTIC EXAMINATIONS - SPECIAL PRIVATE PRICES WITHOUT USING

Heart triplex	Upper and lower abdominal U/S	Digital Mammography	MRI Scan	CT Scan	Bone Density Measurement	TEST PAP
LUMEDICA CLINIC: 30€	City Doctors: 20 €	Praxis Ygeias: 25€	LUMEDICA CLINIC: 110€	Athens Center: 40€	Nea Diagnosi: 20€	Praxis Ygeias : 10€
Praxis Ygeias : 30€	LUMEDICA CLINIC: 24€	Athens Center : 25 €	Nea Diagnosi : 120€	Nea Diagnosi : 40€	Athens Center: 25€	Iatriki Merimna : 13€
Iatriki Merimna : 30 €	Praxis Ygeias : 25€	Nea Diagnosi : 30€	Πlaton Diagnosis (Vouliagmeni): 140€	Iatriki Merimna : 40€	Iatriki Merimna : 20€	Affidea: 15€
City Doctors: 35 €	Medi Hall: 25€	Therapis : 25€	Affidea : 150€	LUMEDICA CLINIC: 40€	Affidea: 30€	Doctors' Hospital: 20€
Health spot: 56€	Therapeutirio Athinon: 28€	Affidea: 30€	METROPOLITAN: 250€	Affidea : 50€	Health Spot: 35€	LUMEDICA CLINIC: 20€

HOSPITALIZATION

MEDITERRANEO HOSPITAL (Glyfada)	40% discount on the private price list.
METROPOLITAN GENERAL (Cholargos)	35% discount on the private price list.
METROPOLITAN HOSPITAL (Piraeus)	20% discount on the private price list.
General clinic THERAPEUTIRIO ATHENS (Athens, I. Drosopoulou)	15% discount on the private price list.
LUMEDICA CLINIC (Peristeri)	Customized price list.
General Clinic VOUGIOUKLAKIO (Aigaleo)	Customized price list.
THERAPIS GENERAL HOSPITAL (Pagkrati)	Customized price list.

FREE CHECK UP

AFFIDEA Nationwide (except Attica)	General blood test, Urea, Uric Acid, Blood Sugar Test, Creatinine, Cholesterol, Triglycerides, TCE
POLYCLINIC – DIAGNOSTIC CENTER PRAXIS YGEIAS (Chalandri)	General blood, Blood Sugar Test , Urea, Creatinine, SGOT, SGPT
LUMEDICA – DIAGNOSTIC LABORATORIES (Aigaleo)	General blood, Blood Sugar Test , Cholesterol (total, HDL, LDL, triglycerides)
DOCTORS' HOSPITAL (Athens)	Complete blood count, Urea, Creatinine, SGOT, SGPT, Chest X-ray, Electrocardiogram
METROPOLITAN GENERAL (Athens)	General blood test, General urine test, Blood Sugar Test, Cholesterol, Triglycerides, HDL, LDL, Blood urea, Electrocardiogram. With additional chest x-ray: 10 €
MEDITERRANEO FIRST CARE (Glyfada)	General blood, Blood Sugar Test , Urea, Cholesterol, Triglycerides, LDL
Nursing Institution THERAPIS GENERAL HOSPITAL (Hilton)	General blood test, Urea, Blood Sugar Test, Creatinine, SGOT, HDL, LDL, Electrocardiogram, Chest A/A
MEDI HALL (K. Kifisia)	<u>Hematology: Blood Sugar Test, Cholesterol, HDL, LDL, Triglycerides, General blood count, Urea, Creatinine, Uric acid, SGOT, SGPT, γ-GT</u> <u>Receipt of answers, only after appointment with a pathologist – Appointment cost 15 €</u>
General Clinic VOUGIOUKLAKIO (Aigaleo)	General blood test, Blood Sugar Test, Cholesterol, HDL, LDL, Triglycerides, General urine test, Thyroid ultrasound
AIMODIAGNOSI (N. Kifisia)	Hematocrit, Blood Sugar Test, Cholesterol, Urea, Creatinine, TKE
PRIVATE LABORATORY FARMAKI LABS (Neo Psychiko)	General blood, TCE, Blood Sugar Test, Triglycerides, LDL, HDL, General Urine
General clinic THERAPEUTIRIO ATHENS (Athens, I. Drosopoulou)	General blood test, Cardiogram
General Clinic ANASSA (Volos)	General blood test, General urine test, TKE, Blood Sugar Test, Total Cholesterol, Urea, Creatinine • With the use of EOPYY: Free Χωρίς χρήση ΕΟΠΥΥ : 10€

OPHTHALMOLOGICAL BENEFITS



FREE purchase of eyeglasses worth up to €250, with the EOPYY insurance company

60% discount on eyeglasses frames and lenses, without the use of the EOPYY insurance company

40% - 50% & 70% discount from the original prices on all sunglasses (excluding offers)

Contact lenses and contact lens solutions: special price list

Stores in Attica and the rest of Greece

Monastiraki: 15, Ifaistou tel. 2103239448

Zografou: 50, Olof Palme tel. 2107707665

Goudi: 128, Papadiamantopoulou tel. 2107487464

Cholargos: Shopping Center «HERMES», 256, Mesogeion tel. 2106540316

Thessaloniki Center: 35, Alexandrou Svolou tel. 2310277409

Pylaia: 43, Mega Outlet Agricultural School tel. 2310471534

One Salonica Outlet Mall Giannitson & Koletti tel. 2310532767

Note: FREE optometric check-ups are available at the above stores

Santorini: Fira Pl. Fira tel. 2286021340 & Caldera & Oia: 2286071612

Crete: Chania: 4, Halidon tel. 2821076808

Rhodes: 4, Iroon Polytechniou tel. 2241034739

Lesvos: Mytilene: 7, Kountourioti tel. 2251021505 & Plomari: 2252031904

DENTAL SERVICES

In the network of collaborating Dental Centers, members enjoy:

Free Annual teeth cleaning

Free pediatric and dental check-up

Treatment plan

Maxillofacial surgery, periodontal check-up

Abscess drainage (emergency)

Pain management (excluding extractions)

Discount on dental work up to 30%



- Benefits may be subject to change during the validity period of the plan at the discretion of the healthcare providers
- Scheduled appointments within 48 hours.
- At hospitals and clinics, excluding pediatric hospitals, only individuals aged 14 and over are served.



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